

CIRCUIT SERIES



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A complete line designed to help exercisers—on their own or with a group—enjoy the benefits of strength training. Inviting and easy-to-use, these machines were designed as a great introduction to circuit training, with push-button controls and no set-up adjustments.



CIRCUIT SERIES



CHEST PRESS /TCCP

- 47" L x 39" W x 45" H (119 cm L x 99 cm W x 114 cm H)
- Total Weight: 260 lbs (118 kg)



SHOULDER PRESS /TCSP

- 53" L x 43" W x 45" H (135 cm L x 109 cm W x 114 cm H)
- Total Weight: 264 lbs (120 kg)



SQUAT /TCSL

- 53" L x 42" W x 45" H (135 cm L x 107 cm W x 114 cm H)
- Total Weight: 251 lbs (114 kg)



AB CRUNCH /TCAB

- 47" L x 34" W x 54" H (119 cm L x 86 cm W x 137 cm H)
- Total Weight: 233 lbs (106 kg)



AB CURL BENCH /TCABB

- 62" L x 23" W x 30" H (157 cm L x 58 cm W x 76 cm H)
- Total Weight: 75 lbs (34 kg)



SEATED ROW /TCRW

- 48" L x 36" W x 45" H (122 cm L x 91 cm W x 114 cm H)
- Total Weight: 282 lbs (128 kg)



LAT PULLDOWN /TCPD

- 63" L x 43" W x 71" H (119 cm L x 87 cm W x 136 cm H)
- Total Weight: 279 lbs (127 kg)



BICEPS CURL /TCBC

- 54" L x 35" W x 45" H (137 cm L x 89 cm W x 114 cm H)
- Total Weight: 251 lbs (114 kg)



WHEEL KIT /TCWHL



TRANSITION EXERCISE PLACARD STAND /TCPST



TRANSITION EXERCISE PLACARDS /TCPLRD



TRICEPS PRESS /TCTP

- 62" L x 37" W x 45" H (157 cm L x 94 cm W x 114 cm H)
- Total Weight: 328 lbs (149 kg)



SEATED LEG CURL /TCLC

- 45" L x 36" W x 45" H (114 cm L x 91 cm W x 114 cm H)
- Total Weight: 290 lbs (132 kg)



LEG EXTENSION /TCLE

- 46" L x 37" W x 45" H (117 cm L x 94 cm W x 114 cm H)
- Total Weight: 279 lbs (127 kg)

